

Calligraphy practice sheet for the characters 保 (ho) and 女 (me) in cursive style. The sheet is divided into four quadrants, each showing a large calligraphic example with stroke order numbers and annotations.

**Top-Left Quadrant (保):** Shows the character 保 with stroke order numbers 1 through 5. Annotations include "とめてふでを" (hold the brush up) and "ほらい" (brush movement). A vertical stroke on the left is annotated with "まっすぐ下へ" (straight down).

**Top-Right Quadrant (女):** Shows the character 女 with stroke order numbers 1 and 2. Annotations include "ななめにしがりとめる" (hold diagonally) and "ほらい". A vertical stroke on the right is annotated with "↓下へ" (down).

**Bottom-Left Quadrant (保):** Shows the character 保 with a vertical stroke and annotations like "まっすぐ下へ" and "ほらい".

**Bottom-Right Quadrant (女):** Shows the character 女 with stroke order numbers 1 and 2, and annotations like "とめてふでを" and "ほらい".

**Marginal Examples:** On the left, a vertical sequence of circles contains the character 保 repeated five times. On the right, a vertical sequence of circles contains the character 女 repeated five times.